

VLT COMPACT ROPE CLIMBER

Compact efficiency

VLT is a compact, light-weight and easy-to-use rope climber that offers a simulation of rope-climbing exercise, enabling users to achieve full upper-body strength and cardio workout with a single exercise. It can be used for strength training, upper-body cardio, rehabilitation and children's fitness programs.



▶ **Effective and engaging workouts**
- All-in-one upper body workout or individual muscle group isolation

Easy-to-remove seat

- Work out seated or standing
- Enables wheelchair accessibility



▶ **Bi-directional rope pull**
- Pull rope down or pull it up
- Enables total-body workouts

FEATURES AND BENEFITS

- Compact unit for strength, cardio or rehabilitation exercises.
- Safe and easy to use for users of all ages and fitness levels.
- 7 resistance settings with dynamic breaking system that adapts to each user.
- Specially designed rope is soft and easy to grip, yet durable and long-lasting.
- Electronic display tracks distance, time, speed and calories.
- Unit dimensions (LxWxH): 43" x 36" x 90" (110 cm x 92 cm x 229 cm)
- Unit weight: 150 lbs. (68 kg)

WARRANTY

Lifetime: structural frame, weight stack plates (excluding coatings), 1 year: rope, pulleys, bearings, belts, cables, labor, 90 days: upholstery stitching

Top View:

